



# Smart Snacks Store Guide

Food & Nutrition Division

## Where can I purchase smart snacks in Reno/Sparks?

This handout is meant to be a quick guide to packaged goods. Please use the smart snack calculator if you are unsure that your prepared snack meets USDA nutritional requirements:

<https://foodplanner.healthiergeneration.org/calculator/> (All fruits and vegetables are approved by the Smart Snacks program.) A complete list of approved foods can be found at [http://nutrition.nv.gov/Programs/Nevada%E2%80%99s Smart Snacks/](http://nutrition.nv.gov/Programs/Nevada%E2%80%99s%20Smart%20Snacks/)

Item	Walmart	WinCo
<b>Cereal &amp; Breakfast Items</b>		
Quaker Instant Oatmeal cups: Apples and Cinnamon, Honey and Almonds	X	
<b>Crackers &amp; Chips</b>		
Cheddar Goldfish, made with Whole Grains	X	X
Oats & Honey Goldfish	X	
Lays Baked! Original Chips		X
Pirate's Booty Popcorn	X	
Popchips: BBQ, Sea Salt, Cheddar & Sour Cream Potato	X	
Quaker Popped Rice Chips: Cheddar, BBQ, Apple, Cinnamon, and Chocolate	X	X
Smartfood Delight: White Cheddar		X
Sunchips: Harvest Cheddar, Garden Salsa	X	X
Simply Chex Cheddar	X	X
Special K Cracker Chips: Honey BBQ, Sea Salt		X
Special K Cracker Chips: Cream and Onion	X	X
<b>Snack Bars</b>		
CLIF Organic Z Bars: Chocolate Brownie, Chocolate Chip	X	X
Nutri-Grain Cereal Bar: Mixed Berry, Apple Cinnamon, Blueberry, Raspberry, Strawberry	X	X
Kind Healthy Grains: Oats and Honey with Toasted Coconut, Vanilla Blueberry	X	
Kind Healthy Grains: Peanut Butter and Dark Chocolate	X	X
Nature Valley 100% Nature Crunchy: Oats and Honey Peanut Butter	X	X
Nature Valley 100% Natural Chewy: Trail Mix Fruit and Nut Bar	X	X
Nature Valley Chewy Granola Bar Variety Pack	X	X
Odwalla Superfood: Original, Blueberry, Strawberry and Pomegranate		X
Quaker Chewy Granola Bar: S'mores, Peanut Butter	X	X
Quaker Reduced Sugar Chocolate Chewy Granola Bar	X	X
<b>Fruits &amp; Vegetables</b>		
Bolthouse Baby Carrots	X	
Del Monte Fruit Naturals: Peach Chunks, Mandarin Oranges, Citrus Salad, Red Grapefruit	X	
Del Monte Fruit Cups Snacks: Oranges in Orange Flavored Gel-lite: Strawberry-Banana Flavored Gel-lite	X	
Del monte Fruit Cup Snacks No Sugar Added: Peaches, Pears, Mixed Fruit or Mandarin Oranges	X	X
Del Monte Fruit Cup: Mango, Mixed Fruit, Diced Pears in Light Syrup	X	X
Dole Fruit Bowls 1005 Juice: Peaches, Mandarin Oranges, Mixed Fruit, Pineapple, Red Grapefruit, Tropical Fruit, Diced Pears, Cherry Mixed Fruits	X	X
Mott's Peach Medley Applesauce	X	

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<b>Fruits &amp; Vegetables</b>		
Sunmaid Raisins	X	X
<b>Trail Mix/Nuts</b>		
Blue Diamond Whole Natural Almond	X	X
Blue Diamond Oven Roasted w/Sea Salt	X	
Chex Mix, Simply Cheddar		X
Planter's, Dry Roasted Peanuts	X	
<b>Cheese &amp; Yogurt</b>		
Dannon Oikos Triple Zero Greek Nonfat Yogurt: Peach, Mixed Berry, Strawberry, and Vanilla	X	X
Dannon Oikos NonFat Yogurt: Black Cherry, Strawberry, Blueberry	X	X
Frigo Light Mozzarella String Cheese	X	X
Galbani Reduced FA Mozzarella String Cheese	X	X
Colby Jack Snack Cheese	X	
Yoplait Original Yogurt: Pineapple, French Vanilla, Key Lime Pie, Blueberry, Cherry, Lemon, Mixed Berry, Orange Crème, Peach, Strawberry, Strawberry Banana, & Strawberry Cheesecake	X	X
Yoplait Light, Fat Free: Very Vanilla, Key Lime Pie, Orange Crème, Blueberry, and Harvest Peach	X	X
Yoplait Trix Yogurt: Raspberry Rainbow, Strawberry Banana Bash	X	
<b>Cookies &amp; Desserts</b>		
Campbell's Goldfish Grahams Made with Whole Grains	X	X
Keebler Scooby Doo Graham Cracker Sticks, Cinnamon	X	X
Keebler Elf Grahams: Cinnamon and Original		
<b>Beverages</b>		
Bolthouse Farms Fruit Juice Smoothies: Amazing Mango, Green Goodness, Strawberry Banana, Tropical Goodness	X	X
Juicy Juice All Natural 100%: Apple Juice, Grape, Punch, Orange Tangerine, Berry	X	X
Propel Zero Enhanced Water: Berry, Black Cherry, and Grape Lemon	X	X
Pure Leaf Iced Tea Unsweetened		X
Powered Zero: All Flavors	X	X
Minute Maid 100% Juice Fruit Punch: Orange, Mixed Berry and Apple	X	
Naked Juice 100%: Orange Juice, Green Machine, Berry Blast, Strawberry Banana, Mighty Mango	X	X
Diet Snapple: Trop-A-Rocka Tea, Diet Peach Tea		X
Tropicana Pure Premium Juices: Orange, No Pulp w/Calcium & Vitamin D, Some Pulp	X	X
V8 Vegetable Juice: Spicy Hot, Low-Sodium	X	X
V8 V-Fusion: Acai Mixed Berry, Peach Mango, Pomegranate Blueberry, Strawberry Banana	X	X
V8 Veggie Blends: Carrot Mango, Healthy Greens, Purple Power	X	
Vita Coco: Pure Coconut Water, with Pineapple	X	X
Vitamin Water: All Flavors	X	X
Welch's 100% Grape Juice	X	X

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